

T235

Heart Attack Canyon Trail

Sacramento Ranger District

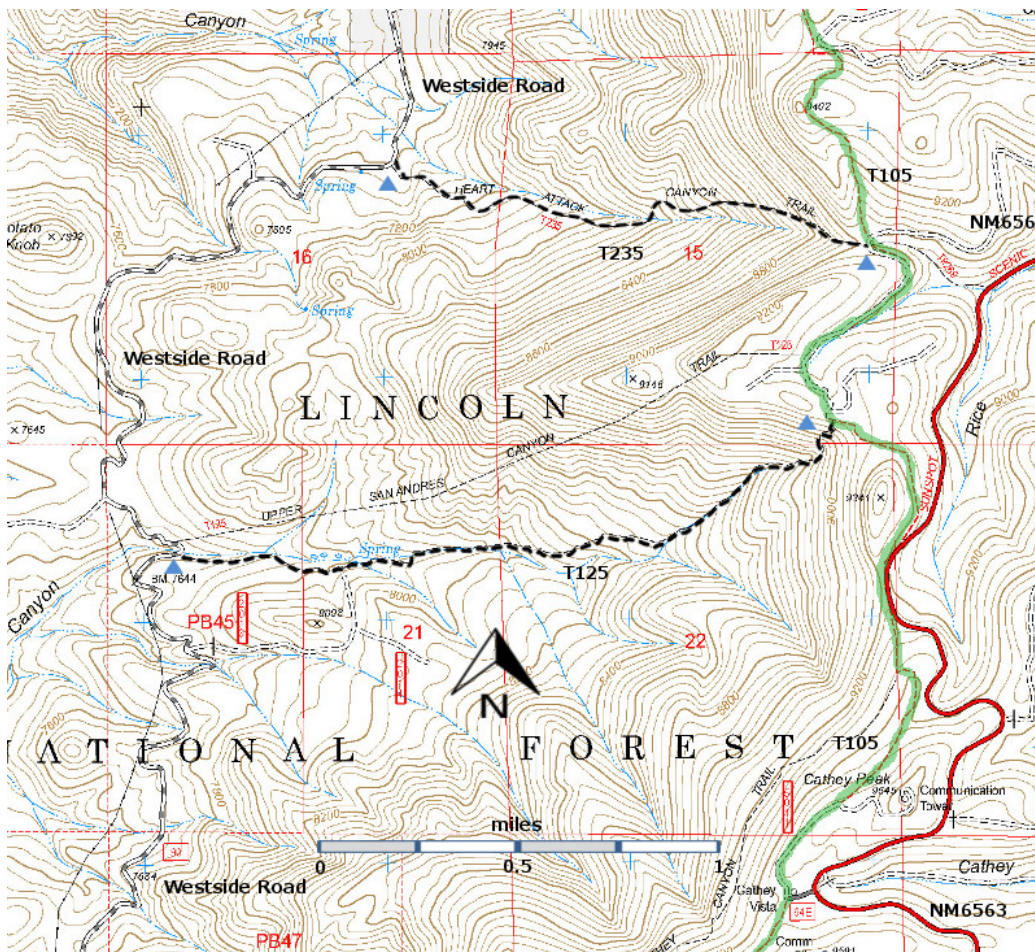


T235
GPS Track (as .GPX)

Left click to open in your browser; then save from browser.

LENGTH	ELEVATION	DIFFICULTY	SCENERY
1.4 miles	7600 - 9000 ft 1400 ft difference	Difficult	1

Allowed Usage				
✓	✓	✓	✓	✓



[Link to map color/symbol codes](#)

T125 and T235 are shown as black dashed lines on the map. T105 Rim Trail is shown as a solid green line.

DESCRIPTION: Following the very evident and somewhat steep T235 from its lower end is arduous because of the need to walk over erosion control berms constructed across the trail every 50 to 100 feet. Gradients range up to 40%, but average around 25%. The path winds through forest that appears to have been harvested around 1970. Common trees are Douglas-fir, Ponderosa pine and southwestern white pine. Since the only meadow is at the upper trailhead, distant views are not available. For a hiker, this is one of the few trails for which walking it once is probably adequate!

For a loop trip, park at the T125 trailhead on Westside Road (FR 90). Hike north 1.9 miles along FR90 to the signed lower T235 trailhead; then walk 1.4 miles up T235 to FR640. Hike generally south 0.7 mile along FR640 (also T105) to the upper T125 trailhead; then walk 2.0 miles down that route to FR90. Total round trip distance is 6.0 miles. Allow 5 hours.

ACCESS: In High Rolls, from the junction of US82 and Westside Road (same as FR90 and County A061), drive Westside Road south 12.4 miles to the signed trailhead for T235 on the left. Go another 1.9 miles to reach the signed lower trailhead for T125, a few feet from the San Andres Canyon sign on the left. *Caution: Westside Road can be muddy, rutted and slippery! 4WD may be needed.*

To reach the upper trailheads for both T125 and T235, begin in Cloudcroft at the NM130 and US82 intersection. Drive NM130 south 1.8 miles and turn right on NM6563, Sunspot Highway; follow it 8 miles to milepost 8. Drive 0.6 mile beyond that point and turn right on FR640, Atkinson Canyon Road. Follow this frequently rough and muddy road 4.1 miles to the signed upper trailhead for T235, at a deep saddle along the main ridge of the Sacramento Mountains. Continue another 0.7 mile; T105, the Rim Trail, also follows this road beginning at the T235 trailhead. Then the road turns left, as the trail does, and goes a short distance to where signed T105 turns right, leaving the road. T105 passes the upper T125 trailhead in just 200 feet.

If you prefer to drive on pavement, drive along NM6563 for 12 miles to milepost 12. Continue driving another 0.5 miles to the Cathey Canyon Vista on the right. Park and hike T105 north 1.6 miles to the T125 trailhead. This is a good starting point for the loop trip. Hike another 0.7 miles along T105 to reach the upper T235 trailhead.

GPS Coordinates for Key Points

NAD83	Lat/Lon hddd mm ss.s	UTM (13 S)
Upper Trailhead	N32 49 41.6 W105 48 04.3	425010 3632528
Lower Trailhead	N32 49 52.8 W105 49 20.3	423037 3632888

Links to Other Resources

[Sacramento Peak Topo Map](#)

Last Hiked: 5/16/2018

Updated 1/3/2019